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SEVEN PLANES OF EXISTENCE

The Philosophy of the ThetaHealing Technique



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Vianna Stibal is an artist, writer, teacher and intuitive reader. Based in Idaho Falls, she is committed to spreading her healing paradigm throughout the world and has trained teachers and practitioners working in more than 25 countries. Vianna conducts seminars worldwide to teach people of all races, beliefs and religions about ThetaHealing.

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First developed twenty years ago by Vianna Stibal, ThetaHealing is essentially applied quantum physics. Using a theta brain wave, which until now was believed to be accessible only in deep sleep or yogi-level meditation, the practitioner is able to connect with the energy of All That Is – the energy in everything – to witness healings of the physical body, and to identify and change limiting beliefs. This book is for those who have already started to experience the magic of this energy healing modality, and wish to deepen their understanding of the Seven Planes of Existence – the philosophy behind the creation of ThetaHealing.

Vianna presents exciting new information to help you take your skill with this work to the next level, and brings the reader into dimensions that she believes to be the beginnings of life itself, on a journey that leads outward, past the universe, to transform beliefs, showing that with a theta state of mind it is possible to connect to a Divine Energy before it becomes anything in this universe.

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