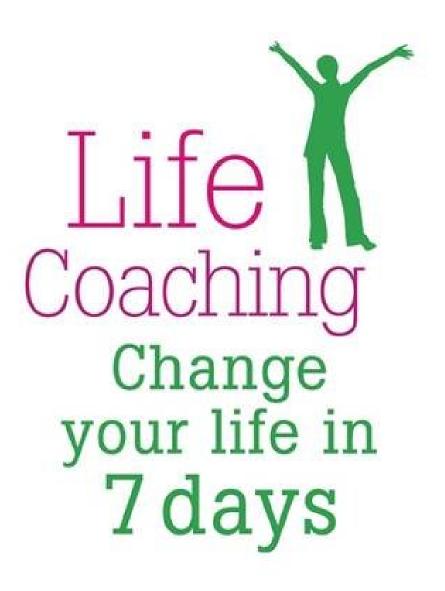


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"In the space of three months I have doubled my workload and tripled my income. I have also stopped smoking." —Nick Morgan, Independent

"She has an instinct that has guided her into the right policies and decisions pretty well every time." —Michael Beckett, Daily Telegraph

About the Author

After building up a million-pound company within the beauty industry and winning the Cosmopolitan Entrepreneur of the Year and Gucci/Business Age awards, Eileen Mulligan became a business consultant, trouble shooter and coach.

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By Anu

This book is excellent. It concentrates on all areas of life - Health, Spiritual/Religious life, Work/Career, Financial, Personal Relationships, Family/Extended Family and Friends/Social Life. The book helped me to judge life objectively with the help of seven simple forms; recognise what is important to me in my life and inspired me to take decisions to acheive those goals. It has taught me that since I am my best friend who knows every moment, behavoiur and action of my life, I am the best person to make the decisions also.

You see a lot of "me" and "I" in the prevoius paragraph - the whole objective is just that - focus on what you can change and make it better for everyone. "me" is not in the sense of a self-centered, big-headed person but to define every problem in a way you can see solutions instead of blaming someone else.

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