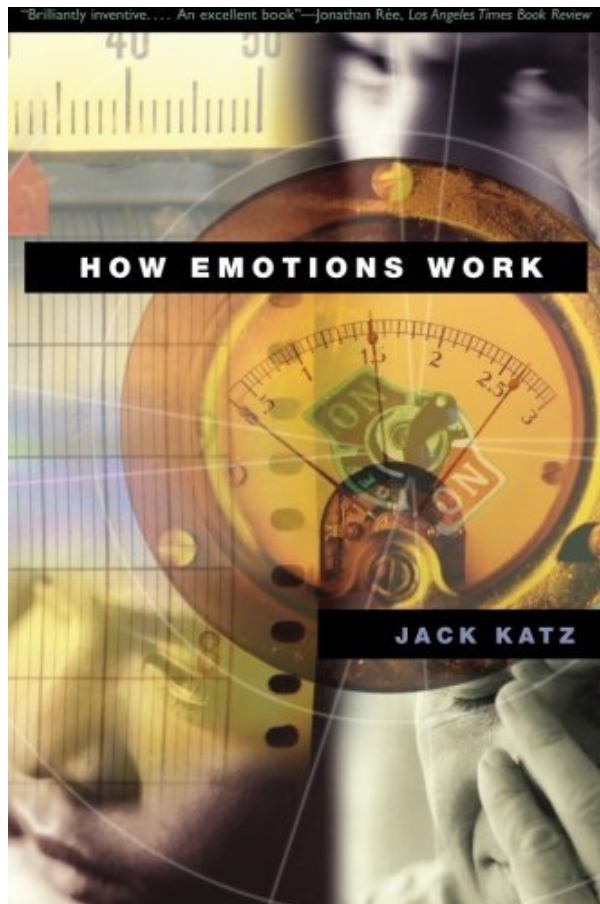
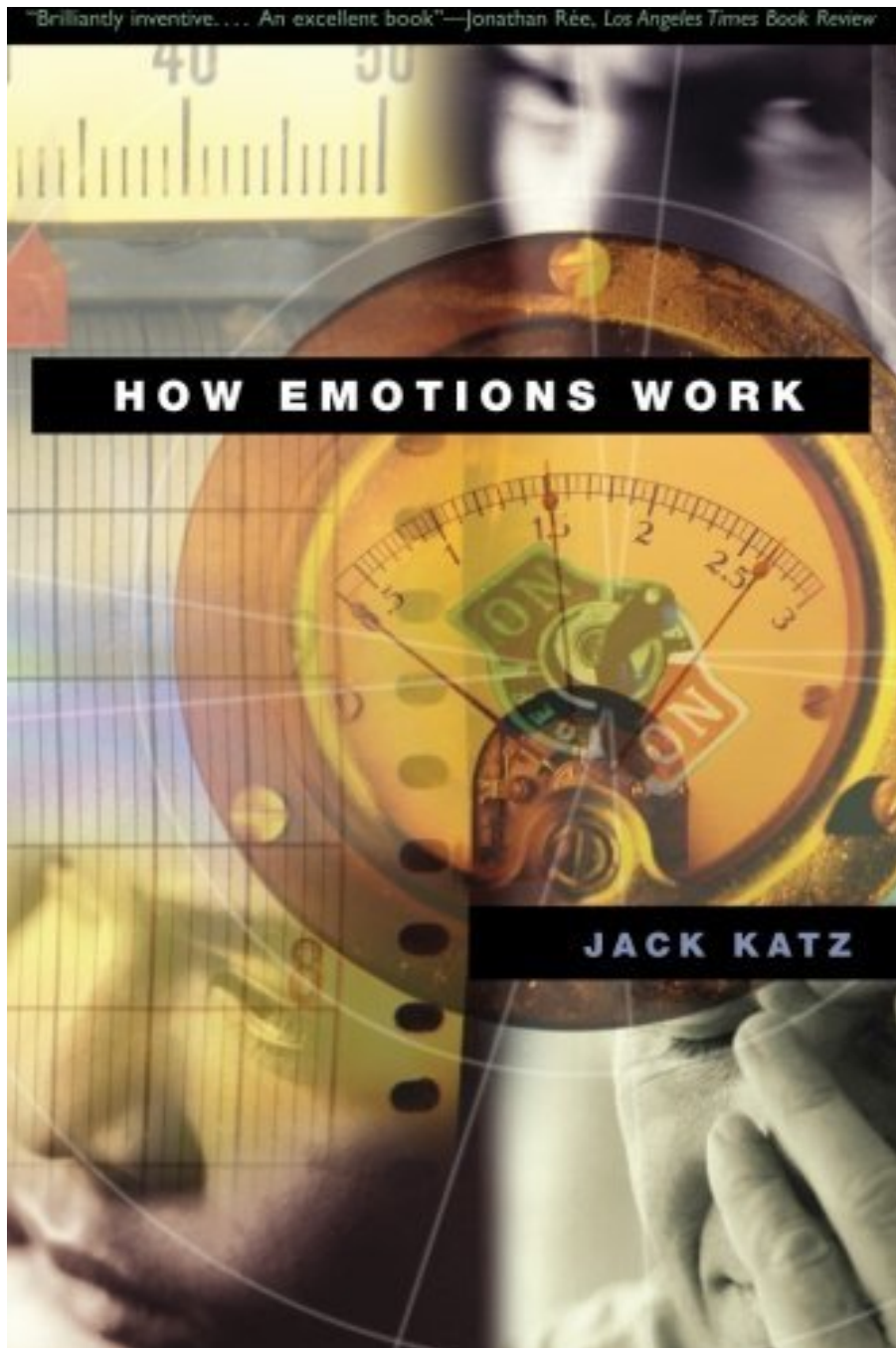


# HOW EMOTIONS WORK BY JACK KATZ



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Why do we cry at the best and worst moments of our lives? How can rational adults suddenly find themselves having an emotional outburst? How do we unconsciously create our emotional responses, and then consciously bring these emotions under control? How do we manage, manipulate, and control emotions in social situations? These are some of the questions that Katz (sociology, UCLA; *Seductions of Crime*) seeks to answer in this social and psychological examination of emotions provoked by everyday situations. Using a variety of methods, including participant observation, ethnological studies, and the analysis of videotaped situations, Katz unravels complex behavioral, interactive, situational, and somatic elements involved in the expression of anger, shame, laughter, and crying. His intriguing subjects include drivers on L.A. freeways, families at a fun house, a whining toddler in preschool, and a prisoner under police interrogation. While enhancing our understanding of emotional behavior, this academic study is filled with technical jargon that will discourage all but the most persistent general reader. Recommended for academic and large public libraries. ALucille M. Boone, San Jose P.L., CA  
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observations of subjects. While the title is appealing in its simplicity and directness, inside the cover this clarity quickly gives way to a dismaying density that will burden and frustrate readers outside the circle of social-psychological research. -- Copyright ©1999, Kirkus Associates, LP. All rights reserved.

#### From the Inside Flap

Road rage on L.A. freeways; the laughter of families at a fun house; a child's temper tantrum; a criminal's interrogation-room breakdown. In *How Emotions Work*, Jack Katz examines these situations and more, seeking clues to help us understand our emotions, their sources, and the often-surprising ways they lead us to behave.

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Many of the ways in which we express and react to emotions make very little sense. From the tears that mark both the best and worst moments in our lives to the rages sparked by the most trivial of traffic annoyances, emotions surprise us—they lead us to act in ways contrary to our better judgment, and they always seem to lie just beyond our control. In *How Emotions Work*, Jack Katz observes situations ranging from a criminal's interrogation-room breakdown to a child's temper tantrum, and offers new approaches to understanding our emotions, their sources, and the behavior they lead to, all with unprecedented clarity.

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